

# St Cloud Area Mental Health Providers Serving Children Birth-5

There are many public and private resources in the St. Cloud area community that provide assessment and counseling services. This list should not be interpreted as a recommendation, or considered to be comprehensive. The following is a list of the known providers, as of May 2010, who provide services for *very young* children. Please contact the agencies directly. Clinicians who have stars beside their name have specialized training in early childhood mental health practice- see below for details.

## Center for Psychological Services

Roosevelt Office Park Suite 109  
600 South 25<sup>th</sup> Avenue  
St. Cloud, MN 56301  
**320-255-0343**

**Norma Taylor	4+
Kim Pareigat	4½+
Jody Kirchner	5+
Lori Nelson-Eggers	5+
**Mary Linn	0-5+

Sauk Rapids/Rice School Based

## Caritas Mental Health Clinic

911 18<sup>th</sup> Street North  
St. Cloud, MN 56303  
**320-650-1660**

**Charlotte Dokken	0-5+
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## Pinecone Family Counseling

2385 Troop Dr. Suite 202  
Sartell, MN 56377  
**320-253-2385**

Dorothy Soukup-Bender	3+
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## Lighthouse Child & Family Services

450 5<sup>th</sup> Street  
Milaca, MN 56353  
**320-983-2335**

(*)**Julie Hanenburg, LICSW	0-5+
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## Lutheran Social Services

22 Wilson Ave. Northeast  
St. Cloud, MN 56302-6069  
**320-251-7700**

**Sara Shosted	0-5+
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(\*)=Trained in Parent Child Interaction Therapy ages 3+  
\*\*=Trained in Child Parent Psychotherapy ages 0-5+

## Health Partners Behavioral Health

1245 15<sup>th</sup> Street North  
St. Cloud, MN 56303  
**320-253-6952**

Cheryl Spellacy	3+
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## Central MN Mental Health Center

1321-13<sup>th</sup> Street North  
St. Cloud, MN 56303  
**320-252-5010**

**Mary Linn	0-5+
Sauk Rapids/Rice School Based	
Julie Kieki	5+
Angela Young	5+
Craig Rens	5+

## Child and Adolescent Specialty Care/

### Centracare Health Plaza

1900 Centracare Circle  
St. Cloud, MN 56303  
**320-229-4908**

Millie Veto	0-5
(*)Cathy Palmer	0-5+
Rebecca Pohlig	2+ (autism specialty)

## Village Family Service Center

3950 3<sup>rd</sup> St. N. Suite 102  
St. Cloud, MN 56303  
**320-253-5930**

**Victoria Knight	0-5+
**Sarah Flaten	0-5+
Ginger Pederson	0-5+
Tonya Dolly	0-5+

